

Human Sexuality: Parent Orientation



El Paso Independent School District

Parent Orientation: Q & A

Q: Why do I need parent orientation?

A: It's the law. Parents have a *RIGHT* to know what public schools are teaching their children about sexual health.



It's the Law...



According to Texas Education Code 28.004 § (i) (1): “A school district shall notify a parent of each student enrolled in the district of the basic content of the district’s human sexuality instruction to be provided the student.”

EPISD’s Parent Orientation fulfills with this mandate.

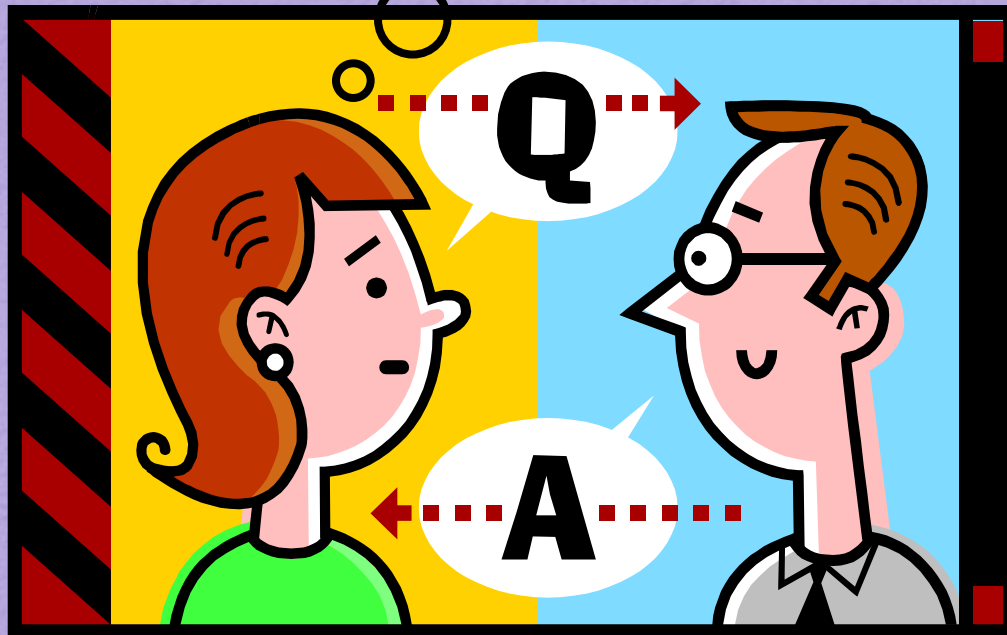
It's the Law...



§ 28.004. LOCAL SCHOOL HEALTH ADVISORY COUNCIL AND HEALTH EDUCATION INSTRUCTION. (a) The board of trustees of each school district shall establish a local school health advisory council to assist the district in ensuring that local community values are reflected in the district's health education instruction.

http://www.episd.org/_programs/shac/

*Why do you have to teach this
information in school? I
already teach my child
what they need to know.*

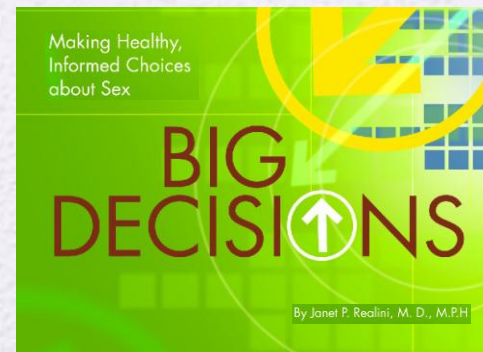
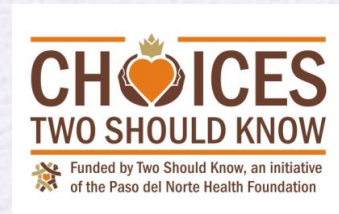


Human Sexuality

- A lifelong process that begins at birth and ends at death
- Includes how we:
 - Think, act and feel about gender
 - Act in relationships
 - Show love and affection
 - Feel about our bodies
 - Choose who we are attracted to

When it comes to teens' decisions about sex, who is more influential?

- According to The National Campaign to Prevent Teen and Unplanned Pregnancy, 2009:
 - Parents think:
 - friends– 43%
 - other parents-24%
 - Teens say:
 - their PARENTS- 31%
 - themselves – 23%
 - other friends-18%



Q3. Among teens who have
had sex,
how many say they wish
they had waited longer
before losing their virginity?

- A. about 1 in 10
- B. about 1 in 5
- C. about 1 in 3
- D. about 2 in 3

Q3. ¿Entre los adolescentes
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60% desean que habían esperados

Source: National Campaign to Prevent Teen and Unplanned Pregnancy, With One Voice 2007

5 Steps for Talking

1. Bring up the subject
2. Find out what your child thinks
3. Give clear messages
4. Let your child know WHY you care
5. "Keep the door open" for more talking

5 Pasos para Conversar

1. Saque el tema de las relaciones sexuales
2. Averigüe qué piensa su hijo/a
3. Déle mensajes claros
4. Hágle saber a su hijo/a POR QUÉ usted se preocupa
5. "Deje la puerta abierta" para otras conversaciones

Straight to the facts

- ➔ **Student grades 9 to 12 who report ever having sexual intercourse in their lifetime:**
 - **U.S: 47.4%**
 - **Texas: 52%**

- ➔ **Students grades 9 to 12 who reported having sexual intercourse with four or more persons during their life**
 - **U.S: 15.3%**
 - **Texas: 17%**

Source: Centers for Disease Control and Prevention, YRBSS 2011

How Many Sexually
Transmitted Diseases Can
You Name?

Common STDs

- Chlamydia
- Syphilis
- Gonorrhea
- Herpes Simplex Virus
- Hepatitis B
- Human Papilloma Virus (HPV)
- HIV/AIDS



Straight to the facts

➡ Reported cases of Gonorrhea

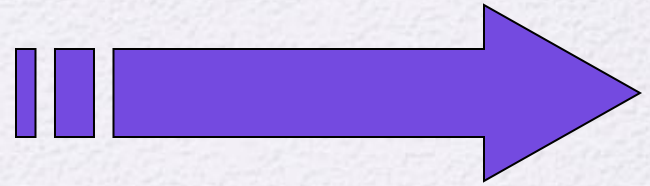
- **US:** 15- to 19-Year-Old Men—In 2010, as in previous years, men aged 15–19 years had the second highest rate of gonorrhea (253.4 cases per 100,000 males)

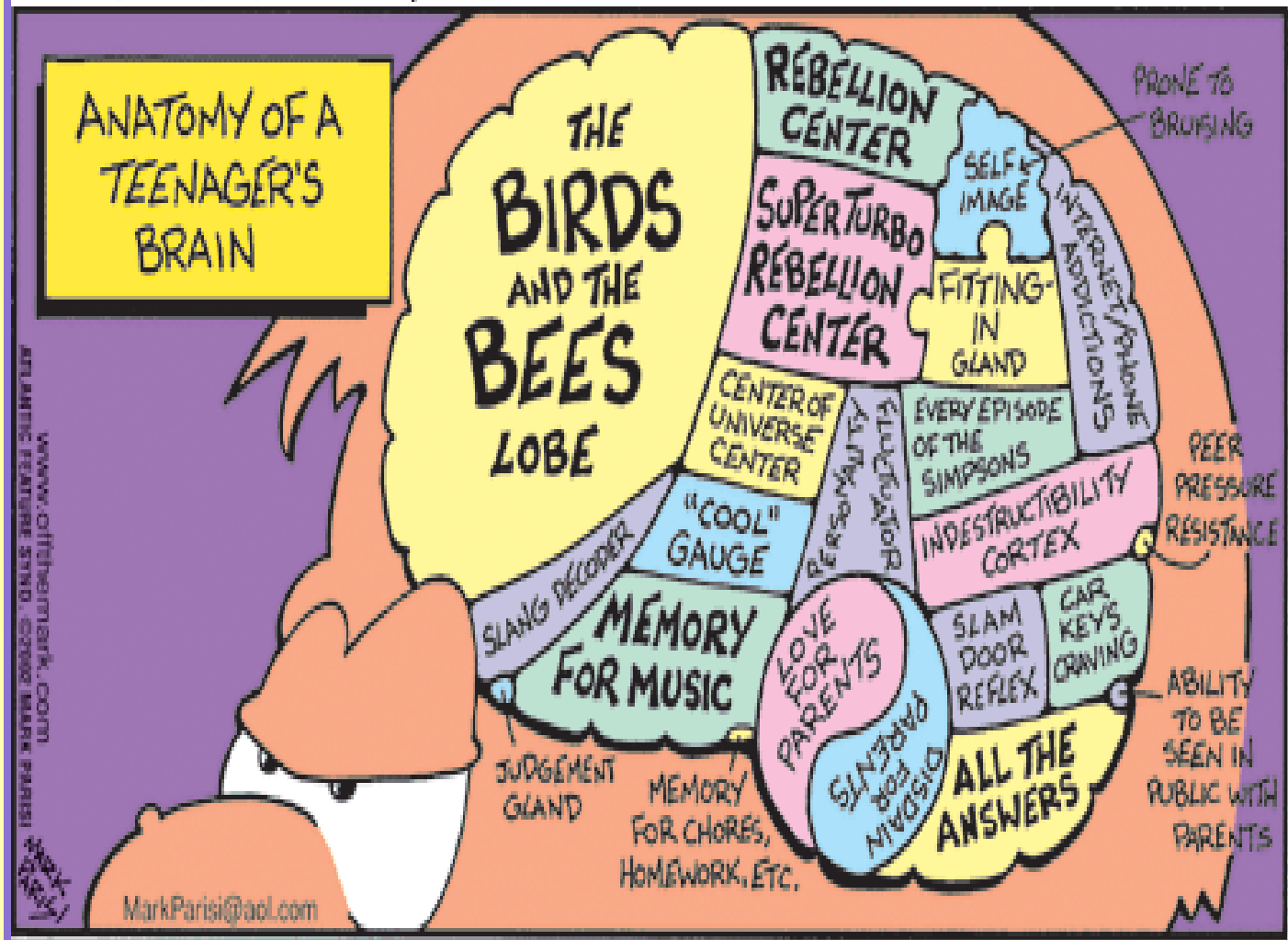
➡ Reported cases of Chlamydia

- ➡ **US:** 15- to 19-Year-Old Women—In 2010, the rate among women aged 15–19 years was 3,378.2 cases per 100,000 females

Source: Texas Department of State Health Services, 2002

Straight to the truth...



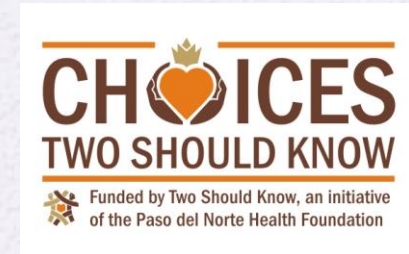
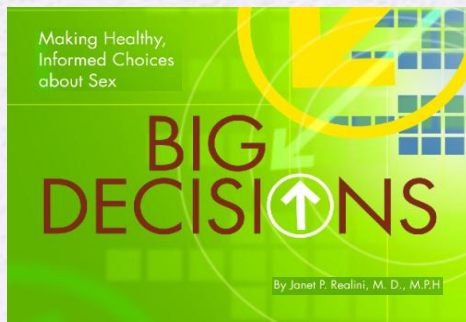


Health Education Comprehensive Units

- Emotional Health
- Tobacco, Alcohol, and Other Drugs
- Nutrition and Fitness
- Safety, First Aid and Injury Prevention
- Social Growth and Physical Development
- **Human Sexuality (middle/high school)
- Disease Prevention and Control

Human Sexuality Units

- Big Decisions curriculum unit
- Choices Two Should Know curriculum unit
- EPISD curriculum unit



Human Sexuality Units

- Anatomy and Reproduction
- Healthy Relationships
- STD's
- Abstinence
- Contraception
- Influences
- Goals and Dreams
- The Power to Say No

High School Sexual Health Program

Five goals of the sexual health program:

- 1. Raise Self-Esteem**
- 2. Raise Body Awareness**
- 3. Raise Health Consciousness**
- 4. Reduce Health Risk throughout lifetime**
- 5. Promote Abstinence**





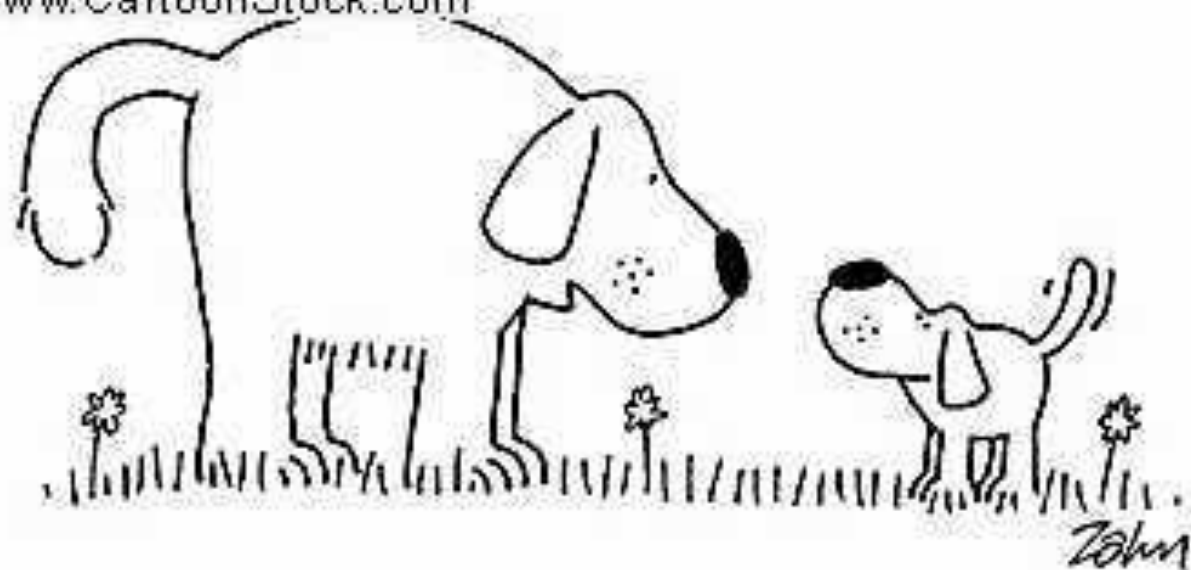
Time Out to Talk

- Parents need to listen, listen, listen to your teen
- Talk about your values regarding sexual behavior
- Teach your child ways to make good decisions about sex
- Coach kids on what to say or do to help them get out of risky situations

Time Out to Talk

- Tell your child you are open to talking
- Respect their need for privacy
- Children learn by watching, be a good role model
- Be available; give the child time
- Provide accurate information
- Role Play

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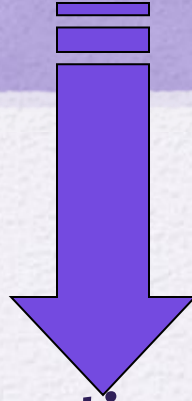
"SON, I THINK YOU'RE OLD ENOUGH NOW
TO KNOW ABOUT THE BIRDS AND THE FLEAS."

TALK NOW!

- ➔ **Share factual information**
- ➔ **Be approachable**
- ➔ **Don't judge**
- ➔ **Ask questions**
- ➔ **It's never too late**
- ➔ **Have humor**
- ➔ **Listen, listen, listen**



More Information



For more information refer to these websites

- <http://www.episd.org>
- <http://www.cdc.gov/>
- <http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

Questions?

